## First timers quiz:

## Circle all correct responses.

- 1- You can expect CDCR adult prison staff to:
  - A. serve meals to volunteers from the outside.
  - B. Welcome your bringing food to inmates
  - C. Be overjoyed that you are volunteering in their prison
  - D. Provide private access to the bathrooms for volunteers
- 2- Situation where you can run when inside a prison:
  - A. To the bathroom.
  - B. To tell an officer you need help with a lock
  - C. When you are have heard there is an incident on the yard
  - D. None of the above
- 3- AVP/CA reimburses volunteers who have need for reimbursement only for the following:
  - A. Lodging, when you are away from home, if private homes are not available.
  - B. Public transportation costs or mileage at 14¢ a mile
  - C. Food away from home while doing workshops
  - D. All of the above as available—when possible
- 4 You can bring gifts to prisoners, when
  - A. It is their birthday.
  - B. It is Christmas
  - C. They have given you a gift
  - D. None of the above.
- 4- Under what situation can you hug inmates.
  - A. Graduation ceremony
  - B. When they are sad
  - C. When you feel moved to do so
  - D. None of the above.
- 5 The color clothing you should not wear in CDCR prisons is:
  - A. Blue, because the inmates wear blue
  - B. Anything denim, because the inmates wear denim
  - C. Khaki, because the officers wear it
  - D. A & B
  - E. All of the above
- 6 Circle items you can bring into a prison:
  - A. Backpacks,
  - B. Reading glasses
  - C. Cell phone
  - D. Wallet
  - E. ID card or drivers license
  - F. Key to your car
  - G. A flask of gin
  - H. Glass food container
  - I. Metal coffee mug
  - J. Plastic water bottle
  - K. Pills that give you a lift during slow times
  - L. Belt
  - M. Lunch and dinner items in plastic
  - N. Metal fork
  - O. Plastic spoon

- P. Personal items such as chapstick, aspirin
- 7 Under what circumstances, might you develop a closer, more personal relationship with a prisoner?
  - A. When you have found a soul-mate.
  - B. When you are a very experienced facilitator
  - C. Upon his/her release from prison
  - D. When you are no longer volunteering with AVP
  - E. When you both have strong feelings toward one another
  - F. When you are facilitating on a team together
- 8 When a correctional officer is being rude or harsh, you'd best demonstrate which of the following:
  - A. Give back some of the same.
  - B. Ask strong questions to clarify the situation
  - C. Be aware that you are the guest.
  - D. Not allow yourself to be pushed around
  - E. Educate him/her on how to better handle people
  - F. Be humble, while being yourself
  - G. Try AVP listening techniques, a little transforming power.
- 9 You might wear into the prison which of the following;
  - A- Short-sleeved blouse or shirt
  - B- Short skirt or short pants
  - C- Skirt tastefully to your knees
  - D- Tight shirt or low-cut blouse
  - E- Long denim skirt
  - F- Comfortable, yet discreet clothing
  - G- Always wear long sleeves and high necked clothing
  - H- Belt
  - I- Cheerful colors and Jewelry
  - J- Jacket with a hood
  - K- Something that makes you look really "hot"
  - L- Loose, not skin tight, pants with pockets
  - M- A sweater or jacket
  - N- High heeled shoes or flip flops
- 10- What kind of personal information is NOT advisable to give to prisoners
  - A- Home address and phone
  - B- First name and area where you live
  - C- Personal stories in context of a gathering or exercise
  - D- All of the above

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